



Guidelines for Freestyle Dressage to Music Classes

Tests are in 20x40m arena

Please provide your music on a CD with details of how you will start ... for example *I will stop at B and raise hand when ready*

Movements required in each test

INTRO – minimum 3.5 minutes/maximum 4 minutes duration

10m half circles on each rein in walk in medium walk

Minimum of 20m in medium walk

Minimum of 20m in free walk on long rein

Working trot including 20m circles on each rein

20m circle in working trot allowing horse to stretch

Entry and halt at the beginning and halt at the end

Additional allowed movements

Circles and half circles of any size

Give and re-take of the reins

PRELIM – minimum 4 minutes/maximum 5 minutes duration

Minimum of 20m in medium walk

Minimum of 20m in free walk on long rein

Working trot including 20m circles on each rein

20m circle in working trot allowing horse to stretch

Working canter including 20m circles on each rein

Entry and halt at the beginning and halt at the end

Additional allowed movements

Circles and half circles of any size

Give and re-take of the reins

Change of leg through trot